



Mirror, Mirror on the Wall
Session 5

I. What do you do when discouragement, confusion or indifference come into you life?

A. Complain – blame God

B. Rejoice and give thanks

1. We don't enjoy everything.

2. We don't pretend to rejoice.

3. We rejoice even through pain.

C. We shouldn't be surprised at the devil's attack.

1. It is his nature.

2. God allows it. (1 Peter 4:12; John 16:33; 1 Cor. 10:13)

D. *Put on the armor of God that you may be able to stand against the strategies/tricks of the devil.* Ephesians 6:11

II. If we are Christians, we have already put on the first three pieces.

A. We must remind ourselves that Jesus Christ is our authority, our truth, our key to life.

B. Next, we must remind ourselves that Jesus Christ is our assurance, our righteousness.

1. My assurance is not the result of my behavior.
 2. I am acceptable to God because of the righteousness of Christ.
- C. Because Jesus Christ is my authority and my assurance, He is my peace.
1. Peace tells me that I have put on the belt of truth.
 2. I am not lost in a sea of relativity – I am standing on a solid rock.
 3. I have the power to face every situation in life.
 4. Don't try to start with peace.

III. In addition to the belt, the breastplate and the shoes, we need more spiritual armor.

- A. Doubts and depression (the blues) which we can't explain, still disturb us.
- B. We are experiencing "the flaming darts of the evil one."
 1. Evil thoughts and imaginations
 2. Doubts, blasphemies

IV. There are always two characteristics to "fiery darts."

- A. They seem to arise out of our own thoughts, our inner selves.
 1. We are shocked by the thought.
 2. The devil is whispering to us, communicating to us, and influencing us.
- B. They are always attacks on our position in Christ as the truth, our righteousness and our peace.
 1. Eve – Genesis 3:1
 2. Jesus – Matthew 4:3
- C. They are designed to raise doubts, create guilt and arouse fear.
- D. Fiery darts insinuate that God is deceiving you.

V. How do we successfully combat against the “fiery darts?” Take the shield of faith!

- A. The shield of faith is not the shield of belief.
- B. Faith is acting on belief. It is decision, action and resolution.

“Yes, I believe Christ is my truth. He is my righteousness, and He is my peace. Therefore . . .”

- C. Faith is working out the implications of belief.
- D. Faith is taking the general truth and applying it to a specific situation.
- E. Faith overcomes our feelings.
- F. Using the shield of faith means refusing to feel condemned or to feel guilty.
- G. James calls this “resisting the devil.” (James 4:7)
- H. Doubts prove that you have faith.

VI. The additional armor allows us to be “more than conquerors.” Romans 8:37